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Do It Anyway!: The Single Mom's Guide To Living Life And Achieving Her Goals



Synopsis

Do you dream of doing something amazing, but feel like single parenting is keeping you from achieving it? It may be returning to school, having the career you've dreamed of, starting a business, traveling the world, or finding love. Well, now is the best time to take your dreams and put them into positive action, especially as a single parent. It's time for you to live "kids and all! Based on lessons she learned as a young single mom, Single Mom Coach, Kaywanda Lamb guides you through twelve steps to achieve your goals and live a life you love every day. Do It Anyway is life coaching in a book for single moms who are ready to live their best lives. Kaywanda believes you can pursue your passion while raising a great family alone. Start now! Your best life is calling.

Book Information

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Customer Reviews

Let me start by saying this: I am not a single mom. I was raised by one after my father passed-and yet she was my guide as I was already an adult. When I came across Kaywanda's book, my 1st reaction was: Wow! I've read lots of books and something drew me to hers. I was blown away. It's not one of those "self-help" books that give you strategy without walking through the author's personal struggle. As a single-mom advocate, this book is a must read for any mother in any walk of life. So, perhaps you've healed from the pain of what caused you to be a single mom; or perhaps you have chosen to be heroic and made a decision to parent your children alone. Whatever your reason as a woman, Ms. Lamb "gives you permission and a push" to own your super-momness through her 12 steps. Sounds a bit like group therapy doesn't it? Perfect! There's a chapter dedicated to why you need to find your tribe of other single moms who have decided that it isn't a

course but a blessing to get up out of the rut and "Do It Anyway!" Procrastinating on your goals? Dealing with mom guilt? Unorganized and unfocused because you have so much on your plate as you pour into the lives of your child/children? Perfect. She walks you through how to balance that. This book is refreshing, the energy is contagious and I would venture to say that for women considering adoption-this is for you too. She makes you think about yourself and your situation while she sits with you on your virtual sofa. I highly recommend this piece of literary genius. To quote the author: "You just have to find your why, develop the balls to chase it and do it anyway!"

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